



■ VARIETY of characters populate the stage in this busy scene from Shakespeare's "The Comedy of Errors," which opens tonight in the Little Theatre. Having a hard time of it on the floor is Charles McDonough as Pinch, being berated by Tim Solomon (right) in the role of Antipholus of Ephesus.

Registering commiseration or surprise around the prostrate figure are (L. to R.): Kim Pryor as an officer; Linda Kraft as Adriana, wife of Antipholus; Holly Keller as Luciana, and Robin Doerner as the courtesan.

What's Truth About Paranoia?

Reverend Donald Abbott, director of Youth for Truth Center, will speak on "Christian Paranoia" at Hartnell College (Room 4) at 11 A.M. on March 20.

Abbott is sponsored by the Inter-Varsity Christian Fellowship, and everyone is invited to attend this talk stated Henry Cho.

The Teen Challenge was formed by Abbott to help solve the problems of drugs, prostitution and gang war in New York about 10 years ago.

During the formation of the Teen Challenge, he received help from famous people like Dave Wilkerson, author of "The Cross and the Switch Blade."

The Reverend has been actively involved in youth activities all over the world. He was in Big Sur last year to talk to young people in the woods and met the Big Sur Singers, a group that had played at Hartnell in the past year.

Curtain Up on Classic Farce

'Just Who Are You?'

"This should be a perfect play for college audiences," said Hal Ulrici in describing "A Comedy of Errors."

"It's an hilarious farce that has been a popular favorite for years. And it's one of Shakespeare's shortest plays."

The Hartnell College Community Playhouse production of the Bard's earliest comedy begins a four-night run this evening at 8:30 in the Little Theatre.

Director Ulrici points out that the theme of "Comedy"—mistaken identity among several characters—has proved an ancient and durable one, dating from the earlier popular Italian "commedia dell'arte."

Briefly . . . Antipholus of Syracuse (played by David Stokes) and Antipholus of Ephesus (played by Tim Solo-

mon) create confusion, along with their slaves—and also twin brothers—Dromio of Syracuse (John Coleman) and Dromia of Ephesus (Tony Acierito).

Other actors taking part in this planned madness are George Briggs as Solinus; Diane Johnson as Aegean; Ellen Wideman as the goldsmith, and Robin Doerner as the courtesan.

Completing the cast: Bettina Hains as Amelia; Marsha Jean McMillin (merchant); Charles McDonough as Pinch and Balthazar; Linda Kraft as Adriana; Holly Keller as Luciana; Kim Pryor, an Officer, and Diane Johnson, Luce.

Additional performances will be presented tomorrow night and next Friday and Saturday nights. Tickets may be purchased at the door.



■ TELEVISION EXPOSURE for Hartnell drama department last week found instructor Hal Ulrici (right) and his aide, Charles Hernan (left) on the KMST Community Show hosted by Jean Darragh. The giant eye (and ear) caught a review of the Hartnell College-Community Playhouse program and a preview of the comedy spectacular to open in the Little Theatre tonight.

—(Photo by Roger Knopf).

PANTHER SENTINEL

Volume XLII

Friday, March 16, 1973

Number 20

NEW TUTOR SCHEDULE

As in the past semesters, there are tutors available for a wide variety of courses. Their services are available for FREE to any Hartnell student. A schedule listing classes, tutors and their work hours has been posted at various places around campus. So, if you are having trouble with a particular class, or would like to talk over information that you think you understand, stop in to see a tutor. If you cannot find a tutor for your needs, or if you have further question, contact Alison Paul in Room 18B or Bob Firth in FOB 21.

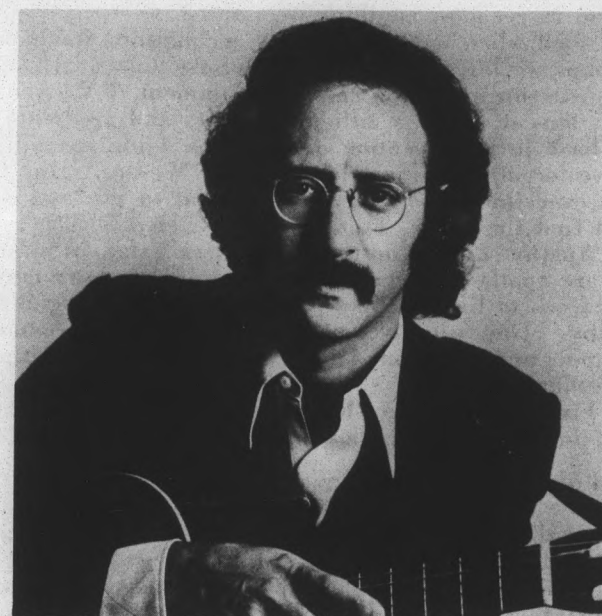
Horror Series

Recipe for a perfect night's entertainment:

Some medieval torture? No, the Horror - Mystery Movie Marathon scheduled for Saturday night in the College Lounge.

The marathon will begin at 10 p.m. and end at 7 a.m., and in between will show a steady succession of old classic chillers such as "The Fly," "Phantom of the Opera," "The Raven," and "The Magician."

Is this the Hartnell Film Series at its worst? Or best?



Social, Political Worker To Entertain Here

A prime organizer in peace events, voter registration drives, and concerts to combat drugs, Peter Yarrow, of Peter, Paul and Mary, has dedicated his life to involvement with mankind. A controversial figure in the social and political—as well as the musical—arena of American life, Paul and Mary, and has dedicated his life to involvement tomorrow. Peter's ability to break the distance between the audience and performer and bring people together makes him a very special entertainer.

Experience Peter Yarrow this Thursday evening, March 22, in the Hartnell Library at seven o'clock. Tickets are \$1.50 general and 50 cents with Hartnell ASB card and for children under 12. Your ticket may be purchased now at the Hartnell Bookstore, Kane & Zech Sound Cellar, or at the door.

"The Straight Dope"

BLOWING SMOKE



What is reality? The question is often thought to be a joke. Actually it is a rather serious question with an infinite number of answers. It has been said there is no reality at all, only some strange form of hallucinations we believe to be real. Others say that everything is reality if we perceive it to be so. There are so many possibilities beyond these two extremes that it is impossible to explore all of them.

As an experiment, "Blowing Smoke" is going to play with some pipe dreams and explore a few questions. This will be an attempt to expand our consciousness to a point where we can gain several perspectives that we may have missed.

Because "Blowing Smoke" has never attempted such an ambiguous proposition before, this may be a total disaster. Hopefully a positive reaction can be created. At worst, we shall have the opportunity to put ideas on paper that are difficult to tie down in the mind. At worst you may get to see some clown (me) make a total ass of himself. Fortunately one who blows smoke (especially if it's the right kind) seldom gives a damn what anyone thinks of him anyway. It seems right to get it on!

"Where apathy is the master, all men are slaves." (Anon.) One of the most frequently heard complaints at Hartnell is that everyone is too apathetic. "Of course you and I care but it's them . . . they don't care. We have no activities, the paper is a complete drag, school is a bore and they aren't doing anything about it. Me? Hell, it ain't my job. What can I do? I'm only one person."

The exhortations against apathy are endless. We've undoubtedly thought of them all to use against the apathetic "they." There are more of them than us, and besides, "they" have the power to do something to make us happy.

The ever present "they" who make our lives so boring because they never do anything for us is probably one of the most durable feelings of man. Because we were brought up in a society where we merely had to push a button to get most anything we wanted, we tend to get frustrated when we push buttons and nothing happens. Perhaps we learned to push the wrong buttons. They were exterior in nature, i.e.—entertainment, T.V., transportation-car, work, a zillion machines and appliances. We have little perception of ourselves doing anything. We've forgotten the interior buttons. We are trying to turn everything and everybody else on to use and we can't find the key—even to turn ourselves on.

Apathy is really nothing more than a state of mind. We are apathetic when we are unaware or don't care. To care is to live. Caring is only the exact opposite of apathy. One who is apathetic because of boredom, paranoia or frustration is not living. He is only waiting to be buried.

From history, sages have been telling you where it is at in many ways. Shakespeare said that nothing is good or bad, only thought makes it so. Emerson said "a man is what he thinks about all day long." Lincoln was quoted that "a man is about as happy as he makes up his mind to be."

None of the above statements make any provisions for external circumstances. If you really dig life—and it's fine—there's really nothing that can bring you down. You are too excited about tomorrow's opportunities to worry about yesterday's or today's failures.

Actually there may be no such thing as an apathetic man. Certainly few would ever classify themselves as apathetic. It's always the other guy. A person you've called apathetic may in fact get up and smack you in the face to prove he isn't. A lot of anti-war demonstrators found this out when they chided a hawk for being apathetic about the innocent deaths of little children in Vietnam.

Neither was necessarily more apathetic than the other. They merely had different values. Each person has certain values which are really nothing more than his follies. They are important because he has been taught to think they are important. We all believe those things which concern us are important. Of course when you consider the fact that each and everyone of us has different things that concern us and these concerns are often conflicting in nature, you reach a problem of which or whose concerns are more important. Each individual has the answer that that question. His are!

Unless you have an unusual amount of respect for another person you probably will not take him or his concerns seriously. You can see his follies. Unfortu-



Do you have something to say? Some opinion on an issue of the day? Don't keep it to yourself. The Panther Sentinel is your newspaper, your means of telling others what you think. Put your letters to the editor in the Panther Sentinel box in the teachers' mail room. Deadline is Tuesday morning before the Friday publication.

I'm writing in regard to your article by the Roving Reporter. I think you are very one-sided about your interviews on liberalizing abortion.

All the people you interviewed agreed on liberalizing abortion.

EDITOR'S MAILBOX

I say this:

Yes, only to cases such as rape or where in the pregnancy the life of the mother is endangered.

Otherwise I say no!—because no one should have the right to say whether or not a baby should live. There are too many contraceptives to use to prevent pregnancy.

If people are going to do things or have sex without thinking about whether or not they should use a contraceptive, then they should take on the responsibility of raising the child. If not, though I'm against adoption, they should go to an adoption agency. There are

many people who for some reason or another can't have children, but would give anything to adopt a child.

No, I don't think nor will I accept Liberalizing Abortion as an answer to the problems of . . . as one of your interviewers put it . . . "a mistake." There is no such thing as a mistake in the birth of a baby child. And though I'm not as well educated on things as other people, I'll always debate this article.

Sincerely,

Walter F. Tourt, Jr.

SINCE YOU ASKED

By Jim Burks

Everyone asks the question, "Where did I come from?" Certainly associated with this question is God. We ask: "Is there a God?"

Intellectual minds have for centuries attempted to reason away the existence of God. This reason is sometimes hidden behind a curtain of false teaching which says in effect, "It doesn't matter what you believe or do as long as you believe." Yet, we know it does matter how and what we breathe and how and what we eat. It does matter how we live. It does matter how and what we believe.

Before pulling the curtain away on falsehoods, the existence of The Almighty must be settled. One intellectual statement coming out of any theological discussion is, "If God is omnipotent, can He create a rock big enough that He can not lift?"

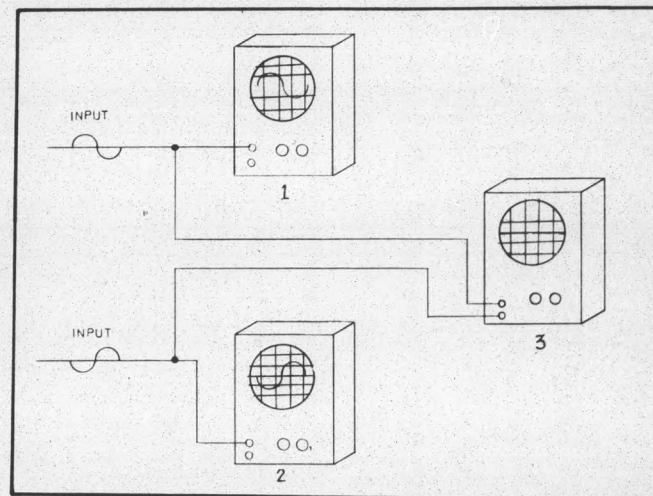
Here, two opposing thoughts

collide and seem to wreck our minds for an answer. The statement is, of course, without logic, but it is nice to be able to say why it is without logic.

Electronics have proved that when two signals equal in amplitude and opposite in direction meet, an effect happens called **cancellation**. Sometimes

the effect is desired and has been used in at least two recordings, "The Green Tamborine," and "West of the Wall." This "rushing" sound happens when two opposing signals meet, and cancel to zero. It's an unusual sound, but the end result is zero.

In drawing numbers 1 and



2, the signals are shown 180 degrees out of phase. Drawing number 3 gives the end result, a straight line representing zero. One signal cancels the other.

As in electronic laws, so in spiritual laws. "Creating a rock big enough" is one signal and "That He can not lift" is another. They are in opposition to each other and consequently cancel, leaving zero.

Science has agreed with the Apostle Paul that even nature itself declares God (Romans, Chapter One). That declaration is now vividly seen on many electronic instruments including the oscilloscope in the above drawing.

While this article may not prove the existence of God beyond a shadow of a doubt, it does show the reasoning of some questions to be void and without form.

nately we tend to forget our own. We don't feel we have follies. Our problems are very real to us. This is ridiculous when we think of it. Regardless of the final outcome of your problem few could begin to remember the tremendously important problem that you faced only one year ago today. Try it!

You had problems of course. You cared about something. It was your folly. Today you have follies and next week/month/year you will have forgotten them for some new folly. If you have a right to your follies, everyone else does too. If something seems terribly important to you don't despair if few seem to care. You may be lucky if anyone else does. The fact that you care is what is important. It is in fact the reason for your existence. If you care, life is plump, juicy and ready to be plucked. The means and reason is in yourself. Life is your most prized possession. It is all you carry with you from birth to death. Grab it while you can.

Oh yeh! About the other 4,000 people running around campus that you and I labeled apathetic—they aren't really. They are just the same as us. They, too, know that the problems of society aren't THAT important. There is only one thing to do—You've got to live!

THE AMERICAN TROUBADOUR COMES THROUGH AGAIN

By Tom Cherne

One of today's more popular singers (particularly with young people) is Don McLean. Just last fall McLean had 10 hit songs that he had written himself, recorded in New York. The songs were: If We Try, Narcissus, On The Amazon, Bronco Bill Lamet, Birthday Song, The Pride Parade, The More You Pay (The More It's Worth), Falling Through Time, and Oh My What A Shame.

The first of the hits on the record is Dreidel. This song has a very good rhythm. For any of you record fans who don't recognize the song by name, the opening line from Dreidel is "Feel like a spin'n top . . ."

The rhythm of the song does tend to slow somewhat toward the end of the recording as McLean sings on later in the song: "You just slow down."

Many of the people who are big fans of western life on campus (rodeo, etc.) would probably like the second hit song on the album "Bronco Bill Lamet."

In this recording McLean sings about the rituals of being a cowboy . . . "I could have been anything I put my mind

to be, but a cowboy's life was the only life for me."

The third number on the album, "Oh My What A Shame," is altogether different from Dreidel. This is more of a sad, quiet song about a married couple who just couldn't seem to make it.

"If We Try," (fourth) sounds like a very hopeful recording. "The More You Pay (The More It's Worth)" is just the opposite — a very lively one. "Narcissus" is also a very lively tune.

"Falling Through Time" is more of a serious type. Those of you who love romantic themes may go for this one. "On The Amazon" starts off with sort of a strange slow type of rhythm, and gradually works up to a more lively type of tone.

Another recording made for lovers is "Birthday Song." In this number the whole recording by McLean deals with love.

And last but not least, there is the "Pride Parade." A lonely or traveling person may enjoy this hit record since the way it is written deals with traveling or being alone. And like some of Don McLean's other hit records this song also starts out slowly, and comes on strong at the end.



■ POPULAR DON McLEAN scores again . . .

Calif. Community Colleges Set New Tuition Level

The Community College Board of Governors is considering 11 solutions to the problems of providing occupational programs in California Community Colleges, according to Sidney W. Brossman, Chancellor of California Community Colleges.

Most of the solutions were directed toward occupational programs which, because of high costs of heavy equipment, materials, greater space needs and small class size, are difficult for many small districts to provide.

Some of the items in the proposals are: allocating supplemental state funds to students as well as institutions, categorical and formula techniques, re-

gional planning incentives, special payments for increased enrollments, and grants to needy students required to change residence to participate in certain programs.

Occupational education programs are popular among the 96 Community Colleges. If a solution to the high cost program is not found soon, existing occupational programs may not be able to meet future needs.

At the same meeting, the Board acknowledged that Community College non-residents students fees will be set at \$27 per unit with a maximum of \$810 for 1973-74 academic year. Non-resident fees thereafter will be set by local district governing boards, under the terms of legislation taking effect in 1974-75.

NOW FOR A CONFUSING EVENING . . .



■ AN EXERCISE in mistaken identities motivates the entire plot and list of characters in Shakespeare's "The Comedy of Errors" opening tonight. Twin brothers who have twin brothers as slaves — all of whom have the same names, with each set of brothers carrying

the same name . . . Hopefully the answers will be clear at play's end. Showing surprise all around are (L. to R.): Jay Coleman as Dromis of Syracuse; David Stokes as Antipholus of Syracuse; Linda Kraft as Adriana (wife of the other Antipholus), and Holly Keller as Luciana.



■ "I'M NOT THE PERSON YOU THINK . . ." Tim Solomon (second from left) seems to insist in his role as Antipholus of Ephesus. Other characters not understanding the problem are

(from left): Ellen Wideman as the goldsmith; Tony Acierio as Dromio of Ephesus, and Charles McDonough as Balthazar.

VITAMINS MAY OFFER NEW HOPE IN CURING CURRENT MENTAL ILLNESS

Vitamins may offer hope as a cure for mental illness, says Dr. Linus Pauling, who previously championed the use of Vitamin C as a cure for the common cold.

The Nobel prize-winning chemist was critical of psychoanalysis for ignoring the possible nutritional causes of mental illness. He stated, in an article in the magazine Nutrition Today, "that the existence of an insane mind in a metabolically healthy brain is unlikely."

"We now know that psychoanalysis has failed, and scientists are turning back to the concepts of the corporeal physiological origin of psychiatric disorder that were current 90 years ago."

He added that a new approach to mental care, orthomolecular psychiatry, would rely on manipulating naturally occurring chemicals in mental patients to restore health.

The brain is the most sensitive organ in the body. Proper nutrients must be available to it at all times or it suffers, states Pauling.

Pauling has been studying the potential links between nutrition and mental disease since mid-1960.

His finding is receiving support from other experiments.

The Huxley Institute, New York, is treating people suffering from schizophrenia with megavitamin therapy and is getting good results.

Bernard Rimland, Institute for Child Behavior Research reported that a survey of 1,000 cases all over the world produced detailed reports on 57 cases in which individual children suffering from mental disorder such as infantile autism, severe behavior disorders, and childhood schizophrenia had

been treated by high dosages of vitamin B and C.

Rimland's survey showed that more than half of the 57 cases studied showed significant improvement, irrespective of original diagnosis.

The result the Institute obtained was: 45.3 per cent definite improvement; 41 per cent possible improvement; 10.5 per cent no improvement, and only 3.2 per cent adverse effect.

Could it be that good nutrition could help you keep your brain working in top condition if you are not already ill?

WORLD CAMPUS AFLOAT



Discover the World on Your SEMESTER AT SEA

Sails each September & February

Combine accredited study with educational stops in Africa, Australasia and the Orient. Over 7500 students from 450 campuses have already experienced this international program. A wide range of financial aid is available. Write now for free catalog:

WCA, Chapman College, Box CC41, Orange, Cal. 92666

SPIKERS WIN AGAIN, COMPETE IN RELAYS

By Tom Cherne

The track team continued its winning ways last Saturday with a tri (triple) meet victory over Coast Conference rivals Cabrillo and MPC at Hartnell.

Versatile Jeff Lear led the victory with three first place finishes. Lear won the long jump with a leap of 22'6"; the 440 with a time of 51.2, and the 220 yard run in 22.7.

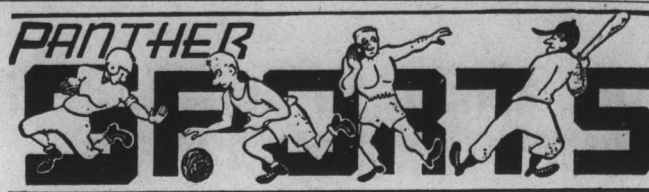
Bill Victorino continued his winning ways in the shot put with a heave of 44'10½" for 1st place and a season's best. Dennis Rameli took the triple

jump, going 43'3". Team mate Lear followed with a leap of 43'2" to give the Panthers great overall strength in that event.

Newcomer Allen George from the basketball team proved that all the jumping for rebounds during the hoop season supplied him with great jumping ability, as he won the high jump with a leap of 6'2" to win that event. Two more Panthers, Alex Garibay and Rameli also soared 6'2", but George won on the basis of fewer misses.

Both of the Hartnell relay teams ran impressively. The 440 relay team won its race in the good time of 43.9 seconds. The mile relay Panther squad ran a fast 3:31 (three minutes, 31 seconds) but had to take a close second to MPC as the men from Monterey ran 3:30.1 to cop first place honors.

Today the Harts travel to Cabrillo College, where they will compete in the Coast Conference Relays. Starting time is 4:00.



■ THE TRACK men take a breather during a tough workout earlier this week. First row (L to R): Algin Ford, Jeff Lear, Gary Deems; second row (L to R): Brewster Thompson, Clint Myrick, Pat Hayes; third row: Dave Avilla, Alex Garibay; fourth row: Randy Jorgens, Louis Carrasco.

★ SPRING ROUNDUP ★

By Tom Cherne

After a poor showing in their Conference opener last week against Cavilan, the men's tennis team came back strong to defeat Ohlone 5-4 on Tuesday.

Rich Flores, Mike Steinbach, Dave Doolittle, Brian DeMars, Dave Raynes and Patti Nieves all won in the singles matches for Hartnell. The team of De Mars and Steinbach won its match in the doubles, as did the duo of Raynes and Flores.

As for the case of Miss Nives competing with the men, according to assistant coach Carol Howell, Patti won the right to play with the men by proving herself against them in challenge matches.

Hartnell also has no apparent rules in its sports program against female competitors on men's teams if they've proven themselves good enough—at least in tennis. Head coach Len Wilkins apparently shares this opinion. When asked about the situation, Wilkins replied kiddingly: "We're equal opportunity employers."

Women on the Ski Slopes

The W.A.A. will be going on a ski trip this weekend. The location will be Dodge Ridge and from the description given of the upcoming event by advisor Carolyn West, it sounds as if it should be a lot of fun.

Other activities coming later in the year, sponsored by the W.A.A. (Women's Athletic Association) are a play day at Hartnell on April 7th. The play day will be broken up into two sessions of sports. The first will include volleyball, badminton, softball and archery. The second will be more of a recreational session. Among the scheduled sports for the latter are: ping pong, basketball, mushball (a form of softball played with an oversized "soft" softball), and crab soccer. The theme for the day is also an appropriate one — "Fitness Follies."

The high schools competing in the field day will be: Alisal, Notre Dame, Salinas, North Salinas, Gonzales and King City. The competitors from the six

high school will also be well fed if they choose to stay. Those who do can look forward to lunch and some entertainment afterwards.

Glove and Bat Men Win Close One

The Hartnell baseball team, behind the fine pitching of Dave Mills, defeated Ohlone by a 2-1 margin earlier this week. Team coach Tony Teresa seemed pleased with the pitching of Mills and the win in general, since Ohlone is supposed to have one of the tougher teams in the Coast Conference this year.

Next game for the Harts will be today against Menlo at Menlo. Starting time is 3:00. The next home game will be this coming Tuesday at the Hartnell baseball field. Starting time is also at 3:00.

TENNIS TEAM GOES COED

Hartnell can no longer boast of an all men tennis team. Patti Nieves has broken the barrier, becoming the first woman to do so. She is presently the only woman on the team.

wise, if Patti decides she wants to move up on the leader, the No. 5 man will have to defend his position.

At the Menlo conference matches on Wednesday, March 13th, Patti won her singles



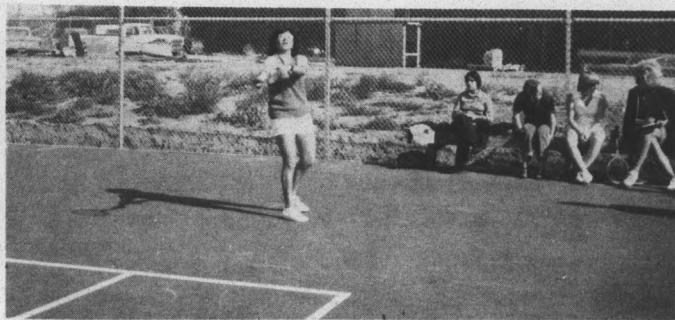
■ THE FIRST woman tennis player on the Varsity tennis team, Patti Nieves.

This is the first year that women were allowed to challenge the men's leader in tennis. Since there are only six members who can play in a conference game, Patti had to challenge the No. 6 position man, and beat him. To maintain her position, Patti will have to defend it when challenged from one on the non-conference tennis players. Like-

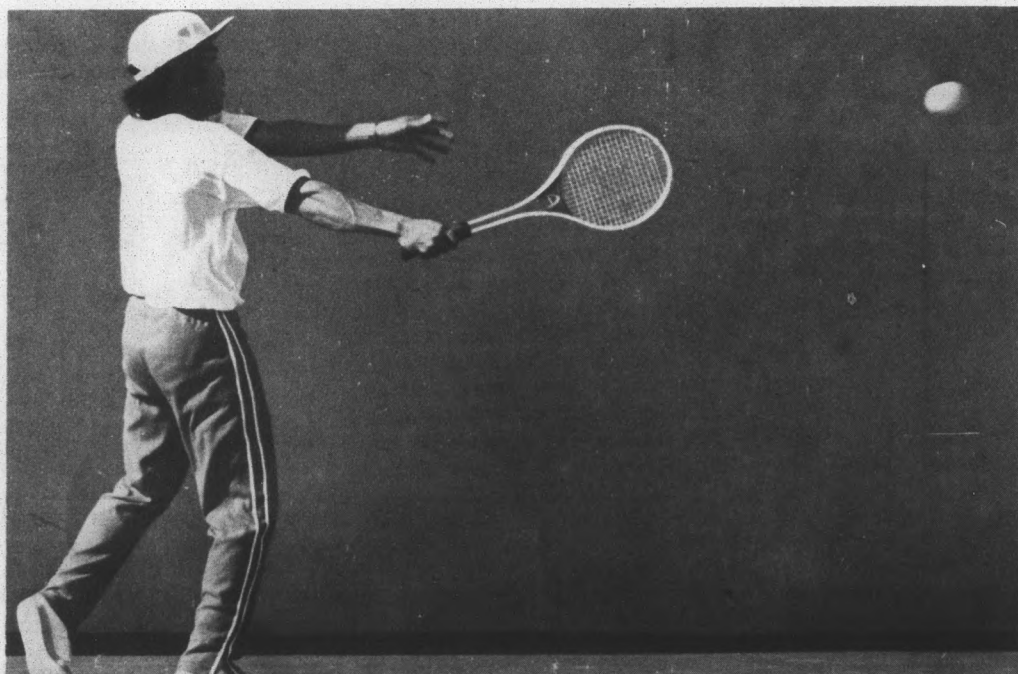
game in what seemed to be hurricane winds.

She practices every day . . . Mondays, Wednesdays and Fridays with the tennis team, and then on Tuesdays and Thursdays she takes a fitness class which is required for the tennis players by Coach Len Wilkins.

Patti will have been playing tennis for five years this summer.



■ PATTY SHOWS her form during practice.



■ BEN PARCASIO of the varsity team shows his style during a practice session last week. —(Photo by Dale Wanzong)